

2008 Caregiver’s Conference Registration Form

First/Last Name: _____

Organization: _____

Address: _____

Phone: _____ Fax: _____ Email: _____

Do you need any ADA accommodations? ☐ Yes ☐ No

If yes, please specify: _____

ADA accommodations requests must be received by April 18, 2008. Those registering after that date cannot be guaranteed accommodations.

Registration Fee:

☐ **Caregiver:** ☐ Before April 30th = \$65.00 ☐ After April 30th = \$85.00

☐ **Professional:** ☐ Before April 30th = \$95.00 ☐ After April 30th = \$120.00

Payment Type:

☐ **Check** made payable to Brain Injury Services

☐ **Credit Card:** ☐ American Express ☐ Discover ☐ MasterCard ☐ Visa

Card Number: _____ Exp. Date: _____

Total Enclosed: \$ _____

Please return completed form with payment to:
Brain Injury Services, 8136 Old Keene Mill Road, Suite B102, Springfield, VA 22152

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8136 Old Keene Mill Road, Suite B102
Springfield, VA 22152

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June 7, 2008

Williamsburg Hospitality House Hotel and Conference Center
Williamsburg, Virginia

The National
TBI Caregiver’s
Conference

Presented by:

Virginia Commonwealth University Medical Center

Brain Injury Services, Inc.

Brain Injury Association of Virginia

National Resource Center for Traumatic Brain Injury

Memorial Hermann/TIRR, TX

University of Alabama at Birmingham

featuring our
KEYNOTE SPEAKERS



Debbie Leonhardt is President/CEO of Alexander Counseling and Consulting Services, Inc., in Taylorsville, North Carolina. In 1992, Mrs. Leonhardt sustained a brain injury in a motor vehicle accident and is currently serving her third term on the Brain Injury Association of North Carolina Board of Directors. She is the author of **Survival Kit: A Guide for Brain Injury Survivors and Their Families**, as well as numerous other works.



Beverley Bryant is an internationally known speaker and the author of two books, **In Search of Wings** and **To Wherever Oceans Go**. As a result of her own personal experience with brain injury, Mrs. Bryant believes deeply in the power of humor in healing and has found that an optimistic approach to life, motivation, determination, a strong support system and an underlying faith are basic to regaining confidence and self-esteem after trauma.

Conference Faculty and Program Committee Members

Paul Aravich, PhD
Eastern Virginia Medical School, Norfolk

Amy J. Armstrong, PhD, CRC
Virginia Commonwealth University, Richmond

Karen Brown, MEd, CRC, CBIS
Brain Injury Services, Springfield, VA

Beverley Bryant, Med
Cape Elizabeth, ME

Roberta DePompei, PhD
The University of Akron, OH

Taryn Dezfulian, MS, LGMFT
Virginia Commonwealth University Medical Center, Richmond

Jason and Susannah Ferguson
Memorial Hermann/TIRR, Houston, TX

Harvey Jacobs, PhD
Richmond, VA

Jeffrey Kreutzer, PhD, ABPP
Virginia Commonwealth University Medical Center, Richmond

Marilyn Lash, MSW
Lash and Associates Publishing/Training, Wake Forest, NC

Debbie Leonhardt, MA, NCC, LPC, MAC, CCFC
Taylorsville, NC

Anne McDonnell, MPA, OTR/L
Brain Injury Association of Virginia, Richmond

Janet Niemeier, PhD, ABPP-RP
Virginia Commonwealth University Medical Center, Richmond

Tom Novack, PhD
University of Alabama at Birmingham

Patricia Rivera, PhD
VA Medical Center, Birmingham, AL

Angelle Sander, PhD
Memorial Hermann/TIRR, Houston, TX

Mark Sherer, PhD
Memorial Hermann/TIRR, Houston, TX

Kelli Williams, MPH,MS, OTR/L
Virginia Commonwealth University

Nathan Zasler, MD, FAAPM&R, DAAPM, CBIT
Concussion Care Centre of VA and Tree of Life

Family members and caregivers play a crucial role in helping survivors get better. With the needs of caregivers in mind, this one-day national conference will provide detailed practical information on achieving recovery. Panel presentations, lectures, discussion sessions, and workshops will cover a full range of topics including community and home-based rehabilitation, finding and accessing services, recovery, effective advocacy, and rebuilding relationships. Presentations will also cover behavior management, improving self-awareness and memory, safe driving, return to work and school, emotional recovery, avoiding burnout, siblings and childhood injury, mild brain injury, and how the brain works. Conference presenters include nationally recognized authors, caregivers, survivors, rehabilitation professionals, and advocates.

Conference Site

Historic Williamsburg is the site of an exciting chapter in America’s past—the country’s largest outdoor living history museum; a vibrant, restored eighteenth century community, complete with authentically furnished colonial homes and stores, trade shops and taverns. Daily tours of taverns, colonial residences, public buildings, and craft shops take you back to the pre-Revolutionary period. More than 500 buildings stand in their 18th century form in the mile long historic area where many famous gardens, streets, and greens have been restored. The Williamsburg area offers additional attractions including the Pottery Factory, Busch Gardens/Water Country USA, and numerous outlet malls.

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Caregivers: \$65.00 before April 30th / \$85.00 after April 30th

Professionals: \$95.00 before April 30th / \$120.00 after April 30th

Accommodations

Lodging: Individuals are responsible for arranging their own accommodations. A block of rooms has been set aside at the Williamsburg Hospitality House Hotel and Conference Center in Williamsburg, Virginia. Visit their website at www.williamsburghosphouse.com for information on hotel amenities and area attractions. Call 1-800-932-9192 to make reservations. Please mention that you are with the Brain Injury Services Conference to receive the discounted rate of \$89.00/night. The discounted rate will expire May 5, 2008.

Meals: Continental breakfast, box lunch and reception are included in registration fee.

For More Information contact Linda Nowsherwan at 703-451-8881.

Conference Agenda

8:00 – 8:50 AM Registration/Continental Breakfast/Visit Exhibits

8:50 – 9:00 AM Welcome and Announcements

9:00 – 9:25 AM KEYNOTE SESSION 1: In Search of Wings Speaker: Beverley Bryant

9:25 – 9:50 AM KEYNOTE SESSION 2: Keeping Your Balance Speaker: Debbie Leonhardt

9:50 – 10:00 AM Questions and Answers, Audience Discussion

10:00 – 10:20 AM Break/Visit Exhibits

10:20 – 11:00 PM SESSION 1: Keeping Your Relationship Alive After TBI Speakers: Jason and Susannah Ferguson

SESSION 2: Brain Injury, How the Brain Works, and Neuroplasticity Speaker: Paul Aravich

SESSION 3: Understanding Pediatric Brain Injury Speaker: Roberta DePompei

11:10 – 11:50 PM SESSION 1: Impaired Self-Awareness after Acquired Brain Injury Speaker: Mark Sherer

SESSION 2: Recreating Quality Connections: Couples’ Relationships after Brain Injury Speaker: Taryn Dezfulian

SESSION 3: How to Make the School System Work for You Speaker: Roberta DePompei

12:00 – 1:00 PM Box Lunch

1:00 – 1:40 PM SESSION 1: Helping Siblings Cope Speaker: Marilyn Lash

SESSION 2: Coping — A Panel Presentation and Discussion Speakers: Taryn Dezfulian, Kelli Williams, Anne Forrest, and Mallory Joyce

SESSION 3: Self-Advocacy: Knowing and Asking for What You Want and Need and Getting It Speaker: Anne McDonnell

1:50 – 2:30 PM SESSION 1: Ask the Doctor: Question and Answer Session with a Rehabilitation Physician Speaker: Nathan Zasler

SESSION 2: Practical Approaches to Improving Memory Problems Speaker: Janet Niemeier

SESSION 3: Learning to Manage Stress as a Caregiver Speaker: Angelle Sander

2:30 – 2:50 PM Refreshment Break/Visit Exhibits

2:50 – 3:30 PM SESSION 1: Taking Care of Yourself and Avoiding Caregiver Burnout Speaker: Amy Armstrong

SESSION 2: Managing Cognitive Impairments in the Home: Simple Techniques for Caregivers Speaker: Angelle Sander

SESSION 3: Driving After TBI: Issues, Obstacles, Possibilities Speaker: Tom Novack

3:40 – 4:15 PM SESSION 1: A Guide to Work, Vocational Rehabilitation, and Productive Living Speaker: Jeffrey Kreutzer

SESSION 2: Effective Problem Solving Strategies Speaker: Patricia Rivera

SESSION 3: Managing Emotional and Behavioral Difficulties in the Home Speaker: Harvey Jacobs

4:30 – 5:30 PM Reception